WHAT TO KNOW ABOUT THE RAPIDLY CHANGING CORONAVIRUS SITUATION



Find reliable information and act on it. While no one source is perfect, some sources are undeniably better than others! Be skeptical of implausible conspiracy theories that dismiss recommendations from public health officials. Look for sites that

- rely on reputable experts who use well-accepted scientific analyses;
- have a mission to inform and protect the public, such as the <u>CDC</u>, the <u>WHO</u> (which recently added a <u>myth busters page</u> to its information about 2019-nCoV), and the NIH U.S. National Library of Medicine.
- are not promoting or selling a product related to the information provided.

Prevent virus from spreading. Use the same measures that limit any virus-

- Wash your hands with soap and water for at least 20 seconds;
- Cough in elbows, avoid handshakes, stay away from others who are sick.
- Take care not to infect others stay home with a fever.

Contact your doctor if you have symptoms of an infection. Common COVID-19 symptoms include fever, shortness of breath, and a dry cough. If necessary, your doctor may recommend you to a specialist at an academic medical center likely to have the most recent information about a previously unknown infectious illness like this one.





